

7 MISTAKES THAT REDUCE THE EFFECTIVENESS OF DISINFECTION

1. USING HARSH CLEANERS IN ENCLOSED SPACES

Harsh chemicals like ammonia can produce toxic fumes. For your health and safety, always keep a window open while using the strongest cleaners.

2. IGNORING HIGH-TOUCH POINTS

Many bacteria and viruses may rest in switches and handles. Wipe down the high-touch surfaces and disinfect them daily.

3. NOT CHANGING YOUR KITCHEN SPONGE

For a sponge, "too long" is a matter of weeks. Moisture and food residue make your kitchen sponge a breeding ground for bacteria. When it starts to smell bad, it's time to throw it away.

4. USING THE SAME CLEANING RAG FOR EVERYTHING

Using the same rag for different purposes will undeniably lead to cross-contamination. Use separate rags or cloths for every type of surface you clean.

7. DISINFECTING WITHOUT CLEANING FIRST

To properly remove the germs from a surface, wash the dirt before following the disinfectant indications.

6. USING BLEACH AS YOUR "ALL-PURPOSE" CLEANER

Chlorine bleach can irritate your skin, produce toxic fumes, and damage your home furnishings. If you don't need all the disinfectant power of bleach, you are better off using a gentler cleaning solution.

5. STORING A TOILET BRUSH WITHOUT CLEANING IT FIRST

Toilet brushes don't clean themselves. Storing the brush without washing and disinfecting it will turn it into a perfect place for germs.

